

*Saint Michael the Archangel
&
Saints Peter and Paul
Byzantine Catholic Churches*

*"I resolved to know nothing while I was with you except
Jesus Christ and him crucified." 1 Corinthians 2:2*

Parish Office at:
156 Green St, Allentown, PA * 18102
Telephone ~ 610-432-6773*
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Fr. Frank A. Hanincik ~ Pastor
Cantor ~ Mr. William Komnath



Confessions:
Saturdays [P] 3:15-3:45 PM
Sundays: [A] 9:00-9:30 AM
and by appointment
Baptisms and Weddings:
See Father Frank

*If you are looking for a spiritual
home, please know you are
always welcome to be a part of
our Parish Family.*

byzcatch.org/Allentown

**Liturgical Schedule for
The Week of February 8, 2015**

**Saturday ~ February 7
Vigil Sunday of Meatfare**

4:00 PM [P] Parish Families
Panachida for All Souls

**Sunday ~ February 8
Sunday of Meatfare**

10:00 AM [A] +George Davidowich by
Eleanor Davidovic
Panachida for All Souls

**Sunday ~ February 14
Sunday of Cheesefare**

4:00 PM [P] Parish Families

**Sunday ~ February 15
Sunday of Cheesefare**

10:00 AM [A] +Anna Cszaszar by Stephen
Cszaszar

**Monday ~ February 16
First Day of the Great Fast**

Day of strict fast and abstinence from
meat and dairy products.

Note: If you need a dispensation just ask
Father Frank.

***Prayer List: In your kindness, please remember
the following persons in prayer:*** John & Alicia
Sefcik, Shirley Balascak, Loretta Brosky, Antoinette
DeFronzo, Melissa Kavounas, Dolores Flannery,
Theresa Pinto, Patrice Danyluk, Hoyt Walter, Rosalie
Walter, Kristin & Bobbie Di Giacomo & family, The
Mehalshick Family, Doris Smicker & family, Peter
Skimbo & Family, Nicholas Yackanicz, Josephine
Wilk, Stephen Wursta, Maryann Wilk, Charles Hysick,
Father Steven Galuschik, Deacon Lewis Rabayda,
Father Diodoro Mendoza, Josephine Hanincik.
Members of our Parish Families, Father Frank and
his family.

From the Saints

Fasting is the support of our soul: it gives us wings
to ascend on high, and to enjoy the highest
contemplation!... God, like an indulgent father, offers
us a cure by fasting. *Saint John Chrysostom*

Let no one fault us that we fast on Wednesday and
Friday, according to a custom rightly commanded by
tradition: on Wednesday because of the trial of the
Jews for the betrayal of the Lord; and on Friday for
all that He suffered for us. *Saint Peter the
Hieromartyr*

Fasting is the soul of prayer, mercy is the lifeblood of
fasting. So if you pray, fast; if you fast, show mercy;
if you want your petition to be heard, hear the
petition of others. If you do not close your ear to
others, you open God's ear to yourself. *Saint Peter
Chrysologus*

**Pope gives step-by-step primer on contemplative
prayer with Gospel**

VATICAN CITY (CNS) -- Turn off the television, tune out
the neighbors, and spend 10 or 15 minutes reading a
Gospel passage and speaking to Jesus, Pope Francis told
people at his early morning Mass. "Today find 10 minutes
-- 15 at the most -- and read the Gospel, imagine the
scene and say something to Jesus. Nothing more. Your
knowledge of Jesus will increase and your hope will
grow," the pope said Feb. 3 at the Mass in the Domus
Sanctae Marthae where he lives. Pope Francis took the
day's Gospel story, Mark 5:21-43, and showed the small
congregation how to read it in a contemplative way: "I see
Jesus was in the midst of the crowd; there was a big
crowd around him," the pope said, according to Vatican
Radio. "Didn't Jesus ever rest? I can think: 'Always with a crowd.' Most of Jesus' life was spent on
the road, with the crowd. Was there no rest? Yes, once, the Gospel says he slept in the boat, but a
storm came and the disciples woke him up. Jesus was always with the people. And looking at
Jesus that way, contemplating Jesus there, I imagine him. And I tell Jesus whatever comes into my
mind to tell him." In the day's Gospel story, he said, Jesus does not only see the crowd, "he feels
the heart beat of each person, of each one of us. He takes care of everyone always."

Religious say helping victims will entail stopping traffickers, demand

VATICAN CITY (CNS) -- Bringing the light of hope to ending human trafficking means confronting
the brutal "darkness" of evil that is driving those who exploit others, said a number of women
religious helping victims. Already "thousands and thousands of us are working in networks across
the world to dispel this darkness, and it's not happening, so we have to ask ourselves, 'What do we
do?'" said Loretto Sister Imelda Poole. Those active in the fight will have to "look at the darkness --
the demand, the traffickers, to see if we can work more closely with the police, the justice (system)
and, as a church, let us open the doors wider and wider to do research, to really look at the
phenomenon, to be as clever as the traffickers," she said. She and others spoke at a Vatican news
conference Feb. 3 in the run-up to the church's first International Day of Prayer and Awareness
Against Human Trafficking to be celebrated every Feb. 8, the feast of St. Josephine Bakhita. The
International Labor Organization and the U.N. Office on Drugs and Crime estimate at least 21
million people are victims of human trafficking worldwide, and 2.5 million more people fall into the
snares of traffickers each year. The ILO estimates human trafficking generates more than \$32 billion
a year -- the third most-profitable "business" after drugs and arms trafficking.

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*Fasting means abstaining from food, but includes other forms of self-denial to promote
a more sober lifestyle. But that still isn't the full meaning of fasting, which is the
external sign of the internal reality of our commitment to abstain from evil with the
help of God and to live the Gospel . . . [Pope Benedict XVI].*

Sacrificial Giving for the Weekend of January 31 & February 1	
Allentown	\$1889.05
Total Bills	\$1985.09
Offerings Vs. Expenses	-\$96.04
Palmerton	\$614.00
Total Bills	\$0.00
Offerings Vs. Expenses	\$614.00
Bills paid this week:	
Allentown: Snow Removal (X3): \$1260.00; Repair Church Furnace: \$657.19; Office Supplies: \$67.90	
Palmerton: No Bills Paid this Week	